

SUBMITTING MANUSCRIPTS TO *FLUORIDE*

GUIDELINES FOR AUTHORS—REVISED JANUARY-MARCH 2007

Fluoride is the quarterly scientific journal of the International Society for Fluoride Research (ISFR). Its primary purpose is to publish peer-reviewed reports and reviews of research centered on fluoride. *Fluoride* publishes studies on agricultural, analytical, biochemical, biological, chemical, clinical, dental, ecological, environmental, industrial, medical, metabolic, pharmacological, synergistic, toxicological, and veterinary aspects of inorganic and organic fluorides or fluorine compounds. In addition to reports and reviews of fluoride research, short communications, discussion papers, letters to the editor, and guest editorials are also welcomed.

The Editorial Officers of *Fluoride* strongly support the maintenance of the highest standards of animal care and the control of discomforts to animals in research. Authors must indicate whether their institutional and national guidelines for the care and use of laboratory animals were followed. When reporting experiments on human subjects, authors should indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2000 (World Medical Association Declaration of Helsinki: ethical principles for medical research involving human subjects. JAMA 2000 Dec 20;284(23):3043-5).

Manuscripts should be submitted to the editor of *Fluoride* (see below) and must not have been published previously nor be under consideration for publication elsewhere. It is essential that they be written in clear, concise English with either American or British spelling. They should be formatted with generous margins, left rather than justified alignment, and 1.5 or double-spaced typing throughout. Although submissions may be made by postal mail or courier, it is strongly recommended that they be submitted by E-mail as an attachment (Microsoft Word or Microsoft Office XP documents preferred). Preliminary inquiries by E-mail or by letter, especially for research reviews, are encouraged.

Albert W. Burgstahler, PhD
Editor, *Fluoride*
1620 Massachusetts Street
Lawrence, KS 66044-4254, USA
E-mail: awburg@ku.edu

Because far more manuscripts are being received than we have space to publish, **research reports** should be kept as short as possible, generally limited to 5 or 6 manuscript pages, including figures and tables (but exclusive of references). Exceptions will be made, however, for longer papers of unusually high quality and novelty. For work of limited scope or studies dealing with well-known or well-studied phenomena, submissions as shorter **research notes** of to 3 or 4 manuscript pages are recommended. Except for tables and figures, for which there are specific Arial font requirements indicated later, the entire text and references of manuscripts should be submitted in 12 Times New Roman or similar type.

For uniformity, manuscripts should be prepared according to the guidelines of the International Committee of Medical Journal Editors (ICMJE) titled *Uniform requirements for manuscripts submitted to biomedical journals: writing and editing for biomedical publication*, the official version of which is available at <http://www.ICMJE.org>.

No periods should be added after journal titles or journal title abbreviations. The Uniform Requirements are periodically revised, with the last update being in February 2006.

All research reports and reviews, including papers presented at ISFR conferences, are evaluated by qualified reviewers and/or members of the *Fluoride* Editorial Board) before acceptance for publication. When submissions are judged acceptable, authors are asked to incorporate into their paper the suggestions and recommendations of the reviewers and the editorial changes proposed by the editor.

Five **offprints** will be sent free to the corresponding author. Additional offprints are available at a cost of US\$0.075 per page, including postage, e.g., 50 copies of a 5 page offprint would cost US\$18.75. Information about ordering offprints will be sent to the corresponding author when the proofs of the paper are sent as a pdf typeset draft to the author for consideration and correcting.

The following guidelines should be followed closely to facilitate and expedite publication. They refer primarily to research reports and research notes and apply only in part to research reviews and other types of contributions. **Manuscripts that do not adhere to these guidelines will be returned for further revision.** In particular, authors should make sure that references are complete and accurate. If significant errors are found in the references, the manuscript will not be processed until all errors are corrected. The responsibility for references being correct lies with authors. Many references can be checked with PubMed, at www.pubmed.gov, a service of the National Library of Medicine and the National Institutes of Health. The editors are unable to check and verify each reference.

Authors should make sure that references are complete and accurate.

The responsibility for references being correct lies with authors.

TITLE AND RUNNING HEADER TITLE

Care should be taken to make the full or main title as clear and informative as possible. If the full title is longer than 70 characters and spaces, a shorter running page header title that expresses the main points of the full title should also be supplied.

AUTHORS' NAMES AND ADDRESSES

Immediately below the full title, list the author(s) by the full first name or initials, with the family or surname last, followed, in a separate line, by the name of the city and country where the research was conducted. Use a comma between names and a lowercase letter superscript *following* each comma to refer to the address footnote that will appear at the bottom of the first page. For the footnote, give the employment address of each author and the complete postal and E-mail address of the author for correspondence.

For examples, see recent issues of *Fluoride*, available at www.fluorideresearch.org.

SUMMARY AND KEYWORDS

After the footnote address information paragraph, include a concise, clear, abstract-style summary of the nature, main results and conclusions of the research.

Immediately following this Summary, provide, for indexing purposes, a list in alphabetical order (first letter capitalized) of three to ten important Keywords separated by semicolons. For examples, see recent issues of *Fluoride*.

INTRODUCTION

The Introduction should begin with a brief statement about the background (*not* a mini-review) and nature of the research. Pertinent previous work by the author(s) or by others, especially if published in *Fluoride*, should always be cited in the Introduction and later in the paper as appropriate. Usually the Introduction will be less than one page in length. The headings for the Introduction and subsequent sections do not require special formatting and can be in the same type used for the text.

Currently, at many research libraries, *SciFinder Scholar* (from Chemical Abstracts Service) and *Web of Science* (from the Thomson Corporation for *Science Citation Index*) provide access to fluoride research published in *Fluoride* that is not covered by *PubMed*. Cumulative 35-year author and subject indexes for the years 1968-2002 were published in *Fluoride* 2002;35(4: parts 1 and 2) and are available at www.fluorideresearch.org.

MATERIALS AND METHODS

This section should be written in the past tense as concisely as possible, but all essential details of how the investigation was conducted should be included, especially if new or unusual methodology was involved. When standard or published procedures were used, they should only be referenced unless substantial changes were made in them, in which case appropriate details should be added.

RESULTS

Give a brief presentation of the principal findings of the research, drawing attention to key trends and patterns. Numerical data in tables, charts, and figures should only be summarized and not repeated in the text.

DISCUSSION

Concentrate on the broad conclusions, interpretation, and implications of the investigation, especially as they relate to other previously-published work. In short papers and research notes, the Results and Discussion sections may be combined. In longer papers and reviews a concluding summary may be added. Mention may also be made of presentation of the research at an ISFR conference or other meeting.

ACKNOWLEDGEMENTS

Acknowledgements (or Acknowledgments) should be brief and included according to circumstances, but sources of funding should always be stated.

REFERENCES

List and number the references in the order they are cited in the text. All references must be cited accurately and completely according to the *International Biomedical Journals* style described below, which follows that of *Index Medicus* and *PubMed*. Titles of journals should be abbreviated according to the style used in *Index Medicus* or *Chemical Abstracts*. The names of books and journals should be submitted in regular type, not in italics. In the text of the paper, use superscripted numbers placed immediately after commas or periods. When more than one reference is cited at a time, use commas without spaces between numbers (e.g., 1,4,5,15) or, when in sequence, by a hyphen (e.g., 1-3, 5).

ABBREVIATIONS AND ACRONYMS

Except for standard international system (SI) units of measurement, all abbreviations and acronyms should be defined, preferably in parentheses, where they first occur, in both the Summary and the text. For unit-per-unit expressions, use a slash as in mg/L, µg/mL, mg/kg bw/day, mg/m³, L/hr, etc. Unit abbreviations when numbers are involved include sec for second or seconds, min for minute or minutes, hr for hour or hours, mo for month or months, yr for year or years, L for liter or liters, mL of milliliter or milliliters, µL for microliter or microliters. Day or days and week or weeks should be spelled in full, although wk is acceptable for week or weeks. Common abbreviations of Latin words should be in the regular font rather than in italics: e.g., i.e., cf., et al., etc. Fluoride when first mentioned in the summary and introduction should be written as fluoride (F) and then as shown as F.

FIGURES

Lettering and numbering in figures (or charts) should be entirely in standard Arial font. Figures should be numbered consecutively in bold 9-point Arabic numerals as **Figure 1.**, **Figure 2.**, etc., except that the numbering is omitted when there is only one figure, with the rest of the caption in standard (non-bold) 9-point Arial font. A period should be present at the end of the caption. Captions are placed beneath figures, which should be designed or drawn with a computer program such as Microsoft Excel, PowerPoint, Corel Draw, etc. It is critical that

figures with their lettering and numbers be appropriately sized, e.g., in 10-point Arial font, so that, if they are reduced for printing, they, together with their lettering and numbers, remain large enough to be clearly legible. To conform to our page size, they cannot exceed 122 mm in width. Electronic jpg submission of photos and radiographs is preferred. If submitted in hard copy, they should be neatly and evenly trimmed with a label taped on the back indicating the figure number and orientation. Captions for photos should be included at the end of the paper.

TABLES

Tables should be numbered consecutively in bold 8-point Arabic numerals as **Table 1.**, **Table 2.**, etc., except that the numbering is omitted when there is only one table, followed by a brief but informative main header title in standard Arial 8-point font. No period should be placed at the end of the title.

Tables should be designed for maximum clarity and minimum size to fit in the least amount of space. However, they cannot exceed the maximum page size (132 x 210 mm) of the journal. For ease of reading, tables in portrait mode are preferred over those in landscape mode and splitting a large landscape mode table into two portrait mode tables should be considered.

To accommodate our page size and to maintain consistency, words, including the title and footnotes, and numerical entries in tables should be formatted in regular Arial 8-point font, with the exception that the table number in the title is in bold, e.g. **Table 1.** In the Paragraph, Indents and Spacing, menu with Word use single line spacing, no special effects, indentation right and left of 0, and spacing of 2-points before and after. The alignment is generally centered although sometimes left alignment may be used when columns have lists of words.

Tables should be created with a computer program, e.g. Word or Excel. Do not make tables by using spaces to arrange the results in a table-like form because such tables have to be rebuilt as proper tables at the typesetting stage. Use a sufficient number of rows and columns so that there is one result per cell rather than placing several results in one cell.

The first row of the table should be straddled or merged and contain the title. Similarly the last row should also be straddled or merged and contain the footnotes to the table such as levels of significance. Short or abbreviated column headings should be placed in the first row following the main header title.

Tables in *Fluoride* usually do not use vertical lines. Horizontal lines, in black 0.5-point thickness should be placed under the title, under the headings for the variables in the table, and after the last row of results. Explanatory footnotes, such as information about p and other statistical values and other material related to the table should be placed under this last line. No horizontal line is placed under the information about the statistical values.

Brief clarifications and units, usually in parenthesis, are best placed in the table heading or subheadings. Decimals should be expressed with decimal points

(periods), not commas. Explanatory footnotes placed at the bottom of the table are identified by superscripted lowercase letters. For footnotes to numerical data in the table, the following superscripted symbols are used in the order: *, †, ‡, §, ||, **, ††, ‡‡, §§, |||. Abbreviations and acronyms not already defined in the text should be defined in the headings or in lettered footnotes.

Data presented with standard deviation (\pm SD) or standard error of the mean (\pm SEM) should be so labeled. For designating statistical probability, use a lower case p, in regular type, not italics, without spacing, e.g., $p < 0.01$. Recent examples of tables in *Fluoride* can be found at www.fluorideresearch.org.

Use a computer program, e.g. Word, to make tables.

Make the table using a sufficient number of rows and columns so as to have one result per cell.

Do not try to make tables using spaces to arrange the material in a table-like manner without making a proper Word table with rows and columns.

Put the title in the first row of the table after straddling or merging the cells.

Put the footnotes including statistical information in the last row after straddling or merging the cells.

Horizontal lines in the tables in black 0.5-point thickness.

STYLE GUIDE FOR REFERENCES

Authors should take careful note of the following modified examples of *Index Medicus/PubMed* punctuation and spacing for references, including elimination of italics and periods in name abbreviations; no spaces between year, volume and issue number, and page numbers for journal articles, etc.). Like many other journals, *Fluoride* does not use periods after journal titles or journal title abbreviations. If an article is not in English the reference style given in example 5 below may be followed. English translations can be placed in brackets immediately after the non-English title, but the name of the original language should be placed at the end of the reference in square brackets, e.g., [in Russian].

**INTERNATIONAL COMMITTEE OF MEDICAL JOURNAL EDITORS: UNIFORM
REQUIREMENTS FOR MANUSCRIPTS SUBMITTED TO BIOMEDICAL JOURNALS:
SAMPLE REFERENCES**

(From: http://www.nlm.nih.gov/bsd/uniform_requirements.html, updated June 15, 2005.)

The following examples have been modified to match the style used in *Fluoride* by omitting periods after journal titles or journal title abbreviations.

Do not use periods after journal titles or journal title abbreviations.

Do not use italics for journal titles.

For journal articles, do not use spaces between the year and the volume, issue, and page numbers.

e.g. N Engl J Med 2007;356:1216-25.

ARTICLES IN JOURNALS

1. *Standard journal article*: List the first six authors followed by et al.
Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. N Engl J Med 2002 Jul 25;347(4):284-7.

As an option, if a journal carries continuous pagination throughout a volume (as many medical journals do) the month and issue number may be omitted.

Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. N Engl J Med 2002;347:284-7.

More than six authors:

Rose ME, Huerbin MB, Melick J, Marion DW, Palmer AM, Schiding JK, et al. Regulation of interstitial excitatory amino acid concentrations after cortical contusion injury. Brain Res 2002;935(1-2):40-6.

2. *Organization as author*:

Diabetes Prevention Program Research Group. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. Hypertension 2002;40(5):679-86.

3. *Both personal authors and an organization as author*: (This example does not conform to NISO standards.)

Vallancien G, Emberton M, Harving N, van Moorselaar RJ; Alf-One Study Group. Sexual dysfunction in 1,274 European men suffering from lower urinary tract symptoms. J Urol 2003;169(6):2257-61.

4. *No author given*:

21st century heart solution may have a sting in the tail. BMJ 2002;325(7357):184.

5. *Article not in English:*

Ellingsen AE, Wilhelmsen I. Sykdomsangst blant medisin-og jusstudenter. Tidsskr Nor Laegeforen 2002;122(8):785-7.

6. *Volume with supplement:*

Geraud G, Spierings EL, Keywood C. Tolerability and safety of frovatriptan with short- and long-term use for treatment of migraine and in comparison with sumatriptan. Headache 2002;42 Suppl 2:S93-9.

7. *Issue with supplement:*

Glaser TA. Integrating clinical trial data into clinical practice. Neurology 2002;58(12 Suppl 7):S6-12.

Volume with part:

Abend SM, Kulish N. The psychoanalytic method from an epistemological viewpoint. Int J Psychoanal 2002;83(Pt 2):491-5.

9. *Issue with part:*

Ahrar K, Madoff DC, Gupta S, Wallace MJ, Price RE, Wright KC. Development of a large animal model for lung tumors. J Vasc Interv Radiol 2002;13(9 Pt 1):923-8.

10. *Issue with no volume:*

Banit DM, Kaufer H, Hartford JM. Intraoperative frozen section analysis in revision total joint arthroplasty. Clin Orthop 2002;(401):230-8.

11. *No volume or issue:*

Outreach: bringing HIV-positive individuals into care. HRSA Careaction 2002 Jun:1-6.

12. *Pagination in roman numerals:*

Chadwick R, Schuklenk U. The politics of ethical consensus finding. Bioethics 2002;16(2):iii-v.

13. *Type of article indicated as needed:*

Tor M, Turker H. International approaches to the prescription of long-term oxygen therapy [letter]. Eur Respir J 2002;20(1):242.

Lofwall MR, Strain EC, Brooner RK, Kindbom KA, Bigelow GE. Characteristics of older methadone maintenance (MM) patients [abstract]. Drug Alcohol Depend 2002;66 Suppl 1:S105.

14. *Article containing retraction:*

Feifel D, Moutier CY, Perry W. Safety and tolerability of a rapidly escalating dose-loading regimen for risperidone. J Clin Psychiatry 2002;63(2):169. Retraction of: Feifel D, Moutier CY, Perry W. J Clin Psychiatry 2000;61(12):909-11.

15. *Article retracted:*

Feifel D, Moutier CY, Perry W. Safety and tolerability of a rapidly escalating dose-loading regimen for risperidone. J Clin Psychiatry 2000;61(12):909-11. Retraction in: Feifel D, Moutier CY, Perry W. J Clin Psychiatry 2002;63(2):169.

16. *Article republished with corrections:*

Mansharamani M, Chilton BS. The reproductive importance of P-type ATPases. *Mol Cell Endocrinol* 2002;188(1-2):22-5. Corrected and republished from: *Mol Cell Endocrinol* 2001;183(1-2):123-6.

17. *Article with published erratum:*

Malinowski JM, Bolesta S. Rosiglitazone in the treatment of type 2 diabetes mellitus: a critical review. *Clin Ther* 2000;22(10):1151-68; discussion 1149-50. Erratum in: *Clin Ther* 2001;23(2):309.

18. *Article published electronically ahead of the print version:*

Yu WM, Hawley TS, Hawley RG, Qu CK. Immortalization of yolk sac-derived precursor cells. *Blood* 2002 Nov 15;100(10):3828-31. Epub 2002 Jul 5.

BOOKS AND OTHER MONOGRAPHS

19. *Personal author(s):*

Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. *Medical microbiology*. 4th ed. St. Louis: Mosby; 2002.

20. *Editor(s), compiler(s) as author:*

Gilstrap LC 3rd, Cunningham FG, VanDorsten JP, editors. *Operative obstetrics*. 2nd ed. New York: McGraw-Hill; 2002.

21. *Author(s) and editor(s):*

Breedlove GK, Schorfheide AM. *Adolescent pregnancy*. 2nd ed. Wieczorek RR, editor. White Plains (NY): March of Dimes Education Services; 2001.

22. *Organization(s) as author:*

Royal Adelaide Hospital; University of Adelaide, Department of Clinical Nursing. *Compendium of nursing research and practice development, 1999-2000*. Adelaide (Australia): Adelaide University; 2001.

23. *Chapter in a book:*

Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, editors. *The genetic basis of human cancer*. New York: McGraw-Hill; 2002. p. 93-113.

24. *Conference proceedings:*

Harnden P, Joffe JK, Jones WG, editors. *Germ cell tumours V. Proceedings of the 5th Germ Cell Tumour Conference*; 2001 Sep 13-15; Leeds, UK. New York: Springer; 2002.

25. *Conference paper:*

Christensen S, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Foster JA, Lutton E, Miller J, Ryan C, Tettamanzi AG, editors. *Genetic programming. EuroGP 2002: Proceedings of the 5th European Conference on Genetic Programming*; 2002 Apr 3-5; Kinsdale, Ireland. Berlin: Springer; 2002. p. 182-91.

26. *Scientific or technical report:*

Issued by funding/sponsoring agency:

Yen GG (Oklahoma State University, School of Electrical and Computer Engineering, Stillwater, OK). Health monitoring on vibration signatures. Final report. Arlington (VA): Air Force Office of Scientific Research (US), Air Force Research Laboratory; 2002 Feb. Report No.: AFRLSRBLTR020123. Contract No.: F496209810049.

Issued by performing agency:

Russell ML, Goth-Goldstein R, Apte MG, Fisk WJ. Method for measuring the size distribution of airborne Rhinovirus. Berkeley (CA): Lawrence Berkeley National Laboratory, Environmental Energy Technologies Division; 2002 Jan. Report No.: LBNL49574. Contract No.: DEAC0376SF00098. Sponsored by the Department of Energy.

27. *Dissertation:*

Borkowski MM. Infant sleep and feeding: a telephone survey of Hispanic Americans [dissertation]. Mount Pleasant (MI): Central Michigan University; 2002.

28. *Patent:*

Pagedas AC, inventor; Ancel Surgical R&D Inc., assignee. Flexible endoscopic grasping and cutting device and positioning tool assembly. United States patent US 20020103498. 2002 Aug 1.

OTHER PUBLISHED MATERIAL

29. *Newspaper article:*

Tynan T. Medical improvements lower homicide rate: study sees drop in assault rate. *The Washington Post* 2002 Aug 12;Sect. A:2 (col. 4).

30. *Audiovisual material:*

Chason KW, Sallustio S. Hospital preparedness for bioterrorism [videocassette]. Secaucus (NJ): Network for Continuing Medical Education; 2002.

31. *Legal Material:*

Public law:

Veterans Hearing Loss Compensation Act of 2002, Pub. L. No. 107-9, 115 Stat. 11 (May 24, 2001).

Unenacted bill:

Healthy Children Learn Act, S. 1012, 107th Cong., 1st Sess. (2001).

Code of Federal Regulations:

Cardiopulmonary Bypass Intracardiac Suction Control, 21 C.F.R. Sect. 870.4430 (2002).

Hearing:

Arsenic in Drinking Water: An Update on the Science, Benefits and Cost: Hearing Before the Subcomm. on Environment, Technology and Standards of the House Comm. on Science, 107th Cong., 1st Sess. (Oct. 4, 2001).

32. *Map*:

Pratt B, Flick P, Vynne C, cartographers. Biodiversity hotspots [map]. Washington: Conservation International; 2000.

33. *Dictionary and similar references*:

Dorland's illustrated medical dictionary. 29th ed. Philadelphia: W.B. Saunders; 2000. Filamin; p. 675.

UNPUBLISHED MATERIAL

34. *In press*:

Tian D, Araki H, Stahl E, Bergelson J, Kreitman M. Signature of balancing selection in Arabidopsis. Proc Natl Acad Sci U S A. In press 2002.

ELECTRONIC MATERIAL

35. *CD-ROM*:

Anderson SC, Poulsen KB. Anderson's electronic atlas of hematology [CD-ROM]. Philadelphia: Lippincott Williams & Wilkins; 2002.

36. *Journal article on the Internet*:

Aboud S. Quality improvement initiative in nursing homes: the ANA acts in an advisory role. Am J Nurs [serial on the Internet]. 2002 Jun [cited 2002 Aug 12];102(6):[about 3 p.]. Available from: <http://www.nursingworld.org/AJN/2002/june/Wawatch.htm>

37. *Monograph on the Internet*:

Foley KM, Gelband H, editors. Improving palliative care for cancer [monograph on the Internet]. Washington: National Academy Press; 2001 [cited 2002 Jul 9]. Available from: <http://www.nap.edu/books/0309074029/html/>.

38. *Homepage/Web site*:

Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>.

39. *Part of a homepage/Web site*:

American Medical Association [homepage on the Internet]. Chicago: The Association; c1995-2002 [updated 2001 Aug 23; cited 2002 Aug 12]. AMA Office of Group Practice Liaison; [about 2 screens]. Available from: <http://www.ama-assn.org/ama/pub/category/1736.html>

40. *Database on the Internet:*

Open database:

Who's Certified [database on the Internet]. Evanston (IL): The American Board of Medical Specialists. c2000 - [cited 2001 Mar 8]. Available from: <http://www.abms.org/newsearch.asp>

Closed database:

Jablonski S. Online Multiple Congenital Anomaly/Mental Retardation (MCA/MR) Syndromes [database on the Internet]. Bethesda (MD): National Library of Medicine (US). c1999 [updated 2001 Nov 20; cited 2002 Aug 12]. Available from: http://www.nlm.nih.gov/mesh/jablonski/syndrome_title.html

41. *Part of a database on the Internet:*

MeSH Browser [database on the Internet]. Bethesda (MD): National Library of Medicine (US); 2002 - [cited 2003 Jun 10]. Meta-analysis; unique ID: D015201; [about 3 p.]. Available from: <http://www.nlm.nih.gov/mesh/MBrowser.html> Files updated weekly.

MeSH Browser [database on the Internet]. Bethesda (MD): National Library of Medicine (US); 2002 - [cited 2003 Jun 10]. Meta-analysis; unique ID: D015201; [about 3 p.]. Available from: <http://www.nlm.nih.gov/mesh/MBrowser.html> Files updated weekly.