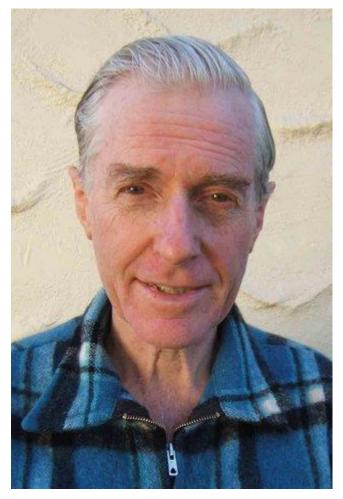
CURRICULUM VITAE OF BRUCE SPITTLE

6 December 2014

1. Personal Information

Name: Bruce James Spittle Date of birth: 21 September 1945



2. Qualifications

MB ChB with distinction [Otago] 1969 ECFMG 1970 DPM [Otago] 1974

3. Affiliations

Member Australian and New Zealand College of Psychiatrists 1975 Fellow Royal Australian and New Zealand College of Psychiatrists 1981

4. Employment History

- (a) Present Position:
 - Part-time private practice in psychiatry.
- (b) Employment History:
 - Senior Lecturer, Department of Psychological Medicine, University of Otago Medical School 1978 to April 2004
 - Fullbright-Hayes Research Scholar, Post-Doctoral Fellow, and Physician in Psychiatry, University of Missouri, and Mid-Missouri Mental Health Centre, Columbia, Missouri, USA, 1977
 - Otago Postgraduate Fellow in Psychiatry, Department of Psychological Medicine, University of Otago, 1976
 - Assistant Lecturer and Registrar, Department of Psychological Medicine, University of Otago Medical School and Otago Hospital Board, 1973 -1975
 - Assistant Lecturer and Registrar, Department of Medicine, University of Otago Medical School and Otago Hospital Board, 1972
 - House Surgeon, Otago Hospital Board, 1970 -1971
 - Part-time Student Lecturer in Anatomy and Physiology to the Physiotherapy Class, Department of Anatomy, University of Otago Medical School, 1967 – 1969
 - Student Prosector for the Royal Australasian College of Surgeons, Department of Anatomy, University of Otago Medical School, 1967-8.

5. Positions held with the International Society for Fluoride Research

Co-editor 1994-1998 Managing Editor 1999-2014 Treasurer 1999-2014 Editor-in-Chief 2012-2014

6. Distinctions, prizes, scholarships, and fellowships

(a) Undergraduate distinctions:

Anatomy Physiology and Biochemistry

Medical Microbiology

Preventive and Social Medicine

(c) Undergraduate prizes:

John Malcolm Memorial Prize in Physiology and Biochemistry William Ledingham Christie Prize in Applied Anatomy Geigy Psychiatric Essay Prize Dunedin Hospital Staff Fund Prize in Psychological Medicine Ophthalmological Society of New Zealand Prize Sir Gordon Bell Prize in Clinical Surgery Batchelor Memorial Medal and Prize in Gynaecology and Obstetrics [shared] Rita Gillies Gardener Memorial Prize

(c) Undergraduate scholarships:

Senior Scholarship in Medicine Fowler Scholarship in Medicine [1967 & 1968] Travelling Scholarship in Medicine

(d) Postgraduate scholarships, fellowships, and prizes:

Otago Postgraduate Medical Fellow, Department of Psychological Medicine 1976 Fulbright-Hayes Research Scholar 1977 Post-Doctoral Fellow in Psychiatry, University of Missouri, Columbia 1977 Distinction award presented at the XXIIIrd Conference of the International Society for Fluoride Research, by Professor Zygmunt Machoy, Pomeranian Academy of Medicine, President ISFR, Szczecin, Poland, 2000. Albert Burgstahler Scientific Integrity Award 2009 Appreciation award presented at the XXXIInd Conference of the International Society for Fluoride Research, signed by Dr Porntep Siriwanarungsun, Director-General, Department of Health, Ministry of Public Health, Thailand, 2014.

6. Publications

Refereed journal articles:

- 1. Spittle BJ, Pollock M, O'Donnell TV. Tetanus occurring in spite of active immunisation. New Zealand Medical Journal 1973; 77:250-251.
- Spittle BJ, Bragan K, James B. Risk-taking propensity, depression and parasuicide. Australian and New Zealand Journal of Psychiatry 1976; 10:269-273.
- 3. Spittle BJ, James B. Psychological factors and myocardial infarction. Australian and New Zealand Journal of Psychiatry 1977; 11:37-43.
- 4. Spittle BJ, Fliegner J, Faed JA, Hannah JB, James B. Post-infectious encephalopathy simulating functional psychosis. New Zealand Medical Journal 1977; 85:180-181.
- 5. Spittle BJ. Alcohol use in New Zealand: a review from a biopsychosocial perspective. New Zealand Medical Journal 1982; 95:222-225.

- 6. Spittle BJ. Drug-induced psychiatric syndromes. New Zealand Medical Journal 1982; 95:349-352.
- 7. Spittle BJ. Treatment of psychiatric disorders. New Zealand Pharmacy 1982; 2:34-36.
- Spittle BJ, Sears M. Bronchial asthma: lack of relationships between allergic factors, illness severity and psychological variables in adult patients attending an asthma clinic. Psychological Medicine 1984; 14:847-854.
- 9. Godfrey HPD, Spittle BJ, Knight RG. Cognitive rehabilitation of amnesic alcoholics: a twelve month follow-up study. New Zealand Medical Journal 1985; 98:650-651.
- 10. Spittle BJ. The effect of financial management on alcohol-related hospitalization. American Journal of Psychiatry 1991; 148:221-223.
- 11. Spittle B. Paternalistic interventions with the gravely disabled. Australian and New Zealand Journal of Psychiatry 1992; 26:107-110.
- 12. Spittle B. Allergy and hypersensitivity to fluoride. Fluoride 1993; 26: 267-273.
- Spittle B, Parker J. Wernicke's encephalopathy complicating schizophrenia. Australian and New Zealand Journal of Psychiatry 1993; 27: 638-652.
- 14. Spittle B. Psychopharmacology of fluoride: a review. International Clinical Psychopharmacology 1994; 9: 79 82.
- 15. Mahmood T, Silverstone T, Spittle B. Risperidone appears safe in patients with antipsychotic-induced blood dyscrasias. International Clinical Psychopharmacology 1996; 11: 53-54.
- Diesendorf M, Colquhoun J, Spittle BJ, Everingham DN, Clutterbuck FW. New evidence on fluoridation. Australian and New Zealand Journal of Public Health 1997; 21: 187-190.

Non-refereed journal articles, editorials, in memoria, book chapters, and reports:

- 17. Spittle BJ, Lewis P, James B, eds. The Family For Good Or III: a report on a seminar. Dunedin: Department of Psychological Medicine, University of Otago, 1973.
- 18. Spittle BJ. Alcohol [abstract]. New Zealand Medical Journal 1982; 95:318.

- 19. Spittle BJ. Life events and their influence on health [abstract]. New Zealand Medical Journal 1982; 95:317.
- 20. Spittle BJ, Godfrey HPD, Groot T. The rehabilitation of patients with chronic alcoholism after long-term inpatient care [abstract]. In: Proceedings of Winter School on Alcoholism and Drug Dependence. Christchurch: New Zealand Medical Society on Alcoholism and Drug Dependence, National Society on Alcoholism and Drug Dependence, 1985.
- 21. Spittle B. Alcohol abuse. In: Speight TM, ed. The Disease Index. Auckland: Medical Publishing Company, 1989:12-14.
- 22. Spittle BJ, Longmore BE. Alcoholism committal: the relatives' perspective. Proceedings of the University of Otago Medical School 1989; 67:57-58.
- 23. Spittle BJ, Woodhouse SP, Callen KE. Exercise: motivation and reward. Proceedings of the University of Otago Medical School 1989; 67:59-60.
- Spittle BJ, Wright A, Pollock M. Loss of smooth pursuit movements in alcoholism. Proceedings of the University of Otago Medical School 1990; 68:23-24.
- 25. Spittle BJ. Effect of financial management on alcohol-related hospitalization. Psychiatry Digest 1991; 6:22-24.
- 26. Spittle B. Alcohol abuse. In: Speight TM, ed. New Ethicals Disease Index. 2nd ed. Auckland: Adis International, 1991:13-16.
- 27. Spittle B. Alcohol abuse. In: Speight TM, ed. New Ethicals Disease Index. 3rd ed. Auckland: Adis International, 1993: 28-33.
- 28. Spittle B. The ethics of water fluoridation [editorial]. Fluoride 1995; 28: 57-60.
- 29. Spittle B. Killing the messenger [editorial]. Fluoride 1995; 28: 178-179.
- 30. Spittle B. Alcohol-related problems. In: Speight T, Sutherland J. eds. New Ethicals Disease Index. 4th ed. Auckland: Adis International, 1995: 73-83.
- Spittle B. Organic brain syndromes. In: Speight T, Sutherland J. eds. New Ethicals Disease Index. 4th ed. Auckland: Adis International, 1995: 633-636.
- 32. Spittle B. A growing concern about safety [editorial]. Fluoride 1996; 29: 187-188.

- 33. Spittle B. 50Hz magnetic field levels in Otago. Proceedings of the University of Otago Medical School 1996; 74: 46.
- 34. Spittle B, Burgstahler AW. Death knell for fluoridation? [editorial]. Fluoride 1998; 31: 59-60.
- 35. Spittle B. Comments on the finding of toxin-induced blood vessel inclusions and alterations in neuronal and cerebrovascular integrity following the chronic administration of aluminium fluoride and sodium fluoride. Fluoride 1998; 31: 89-90.
- Diesendorf M, Colquhoun J, Spittle B. Fluoridation and bones: authors' response to critics. Fluoride 1998; 31: 166-9.
- 37. Spittle BJ. Changing one's mind: An examination of evidence from both sides of the fluoridation debate. Fluoride 1998; 31: 235-44.
- 38. Burgstahler A, Spittle B. Breaking ranks [editorial]. Fluoride 1999; 32; 45-6.
- 39. Spittle BJ. Unraveling the fabric of fluoridation, thread by thread [editorial]. Fluoride 1999; 32: 199-200.
- 40. Burgstahler A, Spittle B. Breaking ranks [editorial]. Fluoride 1999; 32; 45-6.
- 41. Spittle B. Tribute to John Colquhoun. Fluoride 1999; 32: 134-6.
- 42. Spittle B. A scholar and a gentleman. Fluoride 1999; 32:142-3.
- 43. Spittle BJ. Unraveling the fabric of fluoridation, thread by thread [editorial]. Fluoride 1999; 32: 199-200.
- 44. Spittle B. Fluoride and intelligence [editorial]. Fluoride 2000; 33: 49-52.
- 45. Spittle B. Topics for future fluoride research [editorial]. Fluoride 2001; 34; 221-223.
- Spittle B. Report on the XXVth ISFR conference. Fluoride 2003;36(1):8-11.
- 47. Spittle B. Report on XXVIth ISFR conference. Fluoride 2005;38(4):265-268.
- 48. Spittle B. Fluoridation promotion by scientists in 2006: an example of "tardive photopsia." [editorial]. Fluoride 2006; 39(3); 157-162.

- 49. Spittle B. Fluoridation promotion by scientists in 2006: an example of "tardive photopsia." [editorial]. Fluoride 2006; 39(3); 157-162.
- 50. Spittle B. Fluoride and fertility [editorial]. Fluoride 2008; 41(2); 98-100.
- 51. Spittle B. Halting the inertia of indifference: fluoride and fertility revisited [editorial]. Fluoride 2009; 42(3); 159-161.
- 52. Burgstahler AW, Spittle B. Medline again rejects Fluoride [editorial]. Fluoride 2009; 42(4); 256-259.
- 53. Burgstahler AW, Spittle B. Dental caries and fluoridation in Nevada: a questionable Pierian spring report? [editorial]. Fluoride 2010;43(4):201-204.
- 54. Spittle B. Fluoride toxicity and donkeys [editorial]. Fluoride 2010;43(1):4.
- 55. Spittle B. Neurotoxic effects of fluoride [editorial]. Fluoride 2011;44(3):117-124.
- 56. Burgstahler AW, Spittle B. In this issue [editorial]. Fluoride 2012;45(2):75.
- 57. Spittle B. Fluorosis in frogs: a red flag from New Zealand [editorial]. Fluoride 2012;45(3 Pt2):231-3.
- 58. Spittle B. Only one chance: how environmental pollution impairs brain development—and how to protect the brains of the next generation by Philippe Grandjean [book review editorial]. Fluoride 2013;46(2):52-8.
- 59. Spittle B. Fluoride- and electromagnetic radiation-induced genotoxicity and impaired melatonin secretion [editorial]. Fluoride 2013;46(3):104-17.
- 60. Spittle B. Fluoride-induced cell ultrastructure changes [abstract]. Fluoride 2012;45(3 Pt1):201-3.
- 61. Spittle B. Albert W Burgstahler, PhD: a titan in fluoride research 1928– 2013 [in memoriam]. Fluoride 2013;46(4):165-71.
- 62. Spittle B. Further MEDLINE rejection of Fluoride [editorial]. Fluoride 2014;47(1):2-8.
- 63. Spittle B. Authority and reasoning in science [editorial]. Fluoride 2014;47(2):94-7.
- 64. Spittle B. Fluoride, IQ, and advice on type I and II errors [editorial]. Fluoride 2014;47(3):188-90.

65. Spittle B. Further comments on fluoride and IQ [editorial]. Fluoride 2014;47(4);279-82.

Books:

- 66. Spittle B. Fluoride fatigue. Fluoride poisoning: is fluoride in your drinking water—and from other sources—making you sick? Revised 3rd printing. Dunedin: Paua Press; 2008.
- 67. Spittle B. Moa sightings. Volumes 1,2, and 3. Dunedin: Paua Press; 2010.